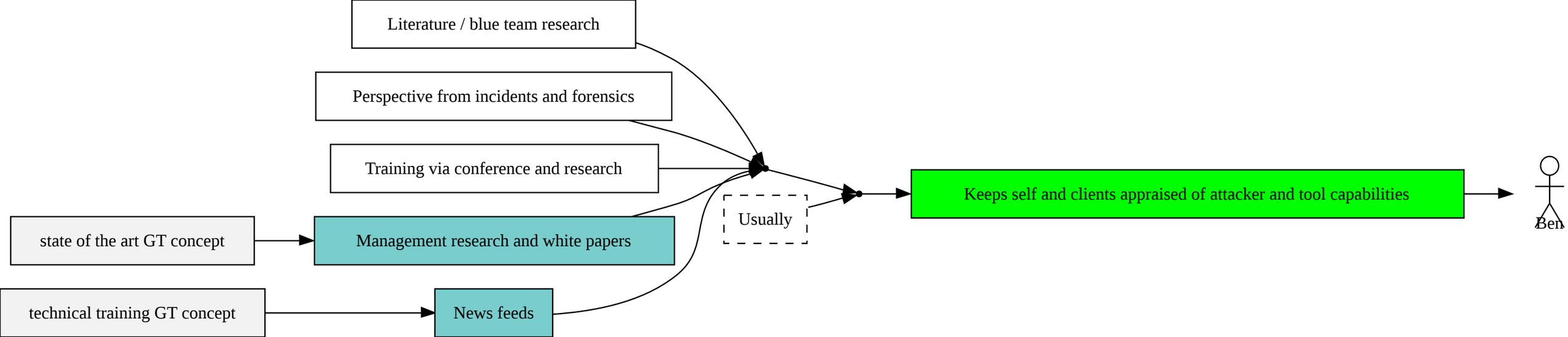
Literature / blue team research
Perspective from incidents and forensics
Training via conference and research
state of the art GT concept
Management research and white papers
technical training GT concept
News feeds
Usually
Keeps self and clients appraised of attacker and tool capabilities
Ben